#1 SHINE-SERVICE
“Learn why we serve in the gospel”

#2 SHINE-IN THE KITCHEN
“Service is a way of life, start around the dinner table”

#3 SHINE-HELP OTHERS
“By comforting others burdens we are blessed”

#4 SHINE-TEACH
“Teach your family ways to serve”

#5 SHINE-REWARD
“Serve others freely”

#6 SHINE-COMMUNITY
“Serve outside your family”

#7 SHINE-MISSIONARY
“Become an example through your good works”
Learn why service is a fundamental principle of the gospel. Read:

- Matthew 5:13-16
- Matthew 25:34-40
- Galatians 6:9-10
- James 1:22-27
- Mosiah 2:17
- Mosiah 4:26
- 3 Nephi 13:1-4

Others often give service you may not notice, such as preparing meals, reading to or listening to younger children, repairing clothing, or helping a brother or sister.

For 2 weeks record the quiet acts of service your family members and others perform.

**WEEK 1**

**WEEK 2**

☑️ I acknowledged their service in a meaningful way.
Service is an essential principle of family living. Help plan your family’s menus, obtain the food, and prepare part of the meals for two weeks. During that time help your family gather to share mealtimes.

### 2 Week Meal Planning Calendar

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I have learned…

_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
#3  SHINE-HELP OTHERS
“By comforting others burdens we are blessed”

Read:

☐ Mosiah 18:7-10

7 And it came to pass after many days there were a goodly number gathered together at the place of Mormon, to hear the words of Alma. Yea, all were gathered together that believed on his word, to hear him. And he did teach them, and did preach unto them repentance, and redemption, and faith on the Lord.

8 And it came to pass that he said unto them: Behold, here are the waters of Mormon (for thus were they called) and now, as ye are desirous to come into the fold of God, and to be called his people, and are willing to bear one another’s burdens, that they may be light;

9 Yea, and are willing to mourn with those that mourn; yea, and comfort those that stand in need of comfort, and to stand as witnesses of God at all times and in all things, and in all places that ye may be in, even until death, that ye may be redeemed of God, and be numbered with those of the first resurrection, that ye may have eternal life—

10 Now I say unto you, if this be the desire of your hearts, what have you against being baptized in the name of the Lord, as a witness before him that ye have entered into a covenant with him, that ye will serve him and keep his commandments, that he may pour out his Spirit more abundantly upon you?

List three ways you can comfort others or help them bear their burdens. Do the things on your list.

| 1 | ☐ Completed #1 |
| 2 | ☐ Completed #2 |
| 3 | ☐ Completed #3 |

Share

☐ I shared my experience and how my attitude and understanding changed.

family member, parent or leader signature
#4 SHINE-TEACH

"Teach your family ways to serve"

Teach a lesson about service in family home evening or in another setting. Use some or all of the following in your lesson:

- Pictures
- Music
- Examples
- Demonstrations
- Teaching, No Greater Call (manual)

I taught my family about service on: _____________________________

date of lesson

Family Home Evening Lesson on Service Idea

lesson idea from mormonmommyblogs.com

FHE THEME: Service

SCRIPTURES: Mosiah 2:17, D&C 24:7, Revelations 2:19

SONGS: "Give Said the Little Stream" and "Happy Helper" in the Children's Songbook

LESSON: Start off the lesson by putting together a puzzle as a family. Don't pick a puzzle that is going to take a long time, but something your family can put together fairly quickly. And before you start the puzzle, take out a couple of the pieces and put them in your pocket – don't let anyone see you do this!

While you're putting the puzzle together, watch this short 5 minutes video from the Mormon Channel at this link:

https://www.youtube.com/watch?v=wA9YDG7C59o

Ask your family how they think a puzzle and service are related. Then explain how a community consists of many people and many families, and just like it takes all the pieces to complete a puzzle, it takes all members of a community to make it a good place to live.

Get out the puzzle pieces you have in your pocket. Tell your family that these pieces represent them. While you can still see most of the picture without all the pieces, it's not until you get the entire puzzle completed that everything looks just right. The same analogy can be applied to families, your ward, or the entire community – if we aren't doing something to help those around us, then our environment is never going to be its very best.

READ THE SCRIPTURES listed at the beginning of this lesson. Discuss as a family which each scripture means. ASK QUESTIONS LIKE:

- How is serving a neighbor like serving the Lord?
- What does it mean to have strength if you devote yourself to service?
- How does the last become more than the first when we give our time, money, and energy to service?
- etc.

FINISH THE LESSON by planning a family service project. It can be something as simple as planting a few flowers in a neighbor's yard or cleaning up a graffiti-ed street sign, or you can enlist the help of other friends and church members to accomplish a big project like the video showed. The service project you plan should be on a scale that you know you can accomplish, because if you really want your family to understand the importance of service you're going to need to follow through!
#5 SHINE-REWARD
“Serve others freely”

Read:

☐ Doctrine & Covenants 58:26-28

How can you apply this scripture in your family life now? as a wife? and as a mother?

NOW

WIFE

MOTHER

Develop a Pattern

Develop a pattern of service in your life by choosing a family member you can help. Serve that person for at least a month. Complete the calendar with the days, month and year. Cross off or color each day completed.

I am going to serve... ____________________________

family member you will serve

________________________

mon

Tues

wed

thur

fri

sat

month & year

This past month has improved my relationship with... (include your actions and feelings)
#6 SHINE-COMMUNITY

“Serve outside your family”

Spend at least three hours giving service outside your family. Ask your ward or branch Relief Society president or a community leader for suggestions for service.

**SERVICE IDEAS**

- take care of children while parents attend the temple
- collect, make, or recondition toys or games for a nursery
- accept an assignment to clean the meetinghouse
- perform errands for or read to a homebound person or others in need.

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Share reactions of people you served and possible goals for future service opportunities.

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
#7 SHINE-MISSIONARY

“Become an example through your good works”

Through your good works, others will see your example and may want to know more about the gospel. Pray for a missionary experience. Read:

- Matthew 24:14
- Matthew 28:19
- Doctrine & Covenants 88:81

I’m a missionary NOW!

Invite a friend who is not a member of the church or one who is less active to go with you to a church meeting or activity.

I am going to invite...____________________________________

friend, family member or less active member

HELPFUL INFORMATION

- Introduce your friend to others
- Make sure he or she is involved

I shared my testimony with ___________________________ and invited them to come again.

friend, family member or less active member

IDEAS FOR SHARING THE GOSPEL WITH FAMILY AND FRIENDS

- Invite friends to dinner with the missionaries
- Invite friends to church activities
- Invite your friends over when the missionaries are there
- Offer to have missionaries teach investigators in your home
- Invite another family to come to family activities and Family Home Evening
- Call and invite a less active member to a Quorum, Primary, Mutual, or Relief Society Activity
- Offer to hold a cottage meeting at your home
- Call and fellowship one of the investigators that the missionaries are working with
- Offer to help one of your friends to their genealogy at the genealogy center in the chapel
- Invite a friend to attend a baptismal service
- Invite a friend to attend a wedding reception held in the chapel
- Bring a friend to English class
- Choose your favorite church video and invite your friend to come over and watch it with you
- Take a friend on a trip to the temple
- If the phone rings during Family Home Evening, invite them over!
- Ask a friend if they’ve ever seen missionaries before
- Invite a friend to share their talents with you
- Invite friends to a missionary Sunday
- Invite a less active member over for dinner at your home
- Call an old friend
- Invite an acquaintance to play basketball at the church with the missionaries
- Highlight your favorite scriptures in the Book of Mormon and ask a friend to read them
- Ask a "Will you" question to invite one of your friends to participate in the church
- Invite a friend to attend church or a fireside with you
Good Works

• Adopt a family for Christmas
• Babysit for couples attending the temple
• Babysit for couples attending ward choir practice
• Babysit for free for low income families
• Babysit for monthly Relief Society meetings
• Babysit siblings
• Become CPR and/or First Aid certified
• Clean the garage, playroom or attic
• Collect items for soldiers overseas
• Compile a family health history
• Compile a family recipe book
• Compile quotes from General Authorities about Good Works
• Compile recipes for a cook book or recipe box
• Cook meals for your family
• Create a day by day calendar with quotes from General Authorities
• Create a work of art
• Create lesson plans for nursery
• Do baptisms for the dead for 10 weeks
• Do service for the wives of the Bishopric
• Do your own laundry
• Family genealogy classes
• For my good works project I created a blog documenting my life as a Mormon Teen in this crazy world. It’s gotten quite popular, and incredible things have happened because of it, including some of my stories getting published! Check her out at www.mormon-teen.blogspot.com)
• Go Christmas Caroling at a Nursing Home
• Help with extra chores
• Hold a Conference party
• Humanitarian aid on lds.org.
• Identify areas of town (parks, playgrounds, roadsides, church grounds) that are littered or dirty. Over several days, pick up trash and beautify the areas.
• Keep a journal to log service experiences
• Learn how to make bread and donated it for the sacrament
• Make a babysitting kit
• Make a conference Binder
• Make baby hats for the NICU
• Make Personal Progress reminders for Young Women’s
• Make white hair scrunchies for the temple
• Name extraction
• Organize a food or clothing drive and donate the proceeds to a local shelter.
• Organize and carry out a blood drive
• Organize and carry out a surprise birthday party
• Organize and carry out an art fair
• Plan an afternoon of free babysitting at the church for ward members. Advertise the service and circulate sign-up sheets several weeks ahead of time. Prepare one kids’ craft or activity for the afternoon.
• Plan and carry out a carnival for primary children or children at a homeless shelter
• Plan out healthy menus for your family
• Prepare family names for temple work
• Put together a devotional book
• Re-watch Conference and write in your journal how talks apply to Good Works
• Read a book by a General Authority
• Record family stories from family members and compile family history
• Sew an article of clothing
• Sew and tie quilts
• Sew finger puppets for children in the hospital or homeless shelters
• Sew scripture bags
• Spend 10 hours as a volunteer indexer for people trying to locate their ancestors.Learn a song and sing/play it for church
• Teach something to a younger sibling
• Tutor someone for free
• Type up old family journals
• Volunteer at a soup kitchen or homeless shelter
• Volunteer at the hospital
• Volunteer to help with activity days
• Volunteer to work on temple grounds
• Write letters to missionaries

Ideas for projects from: thepersonalprogresshelper.com
Therefore let your light so shine before this people, that they may see your good works and glorify your Father who is in heaven (3 Nephi 12:16).

I will help others and build the kingdom through righteous service.

My project is:

My plan to carry out my project is:

1. 
2. 
3. 
4. 

Evaluation:

My Good Works project... (include how you felt and how your understanding of Good Works increased)


parent or leader signature of project completion

hours spent