DIVINE NATURE

I have inherited divine qualities, which I will strive to develop.

Personal Progress

COMPLETE 1-3 & CHOOSE 3 FROM 4-7 THEN...YOU ONLY HAVE TO COMPLETE YOUR PROJECT (THERE'S PLENTY OF IDEAS TO CHOOSE FROM ON THE SECOND TO THE LAST PAGE) AND YOU HAVE DIVINE NATURE COMPLETED!!!

#1 CHARITY-DAUGHTER OF GOD
“Learn about divine qualities of daughters of God”

#2 CHARITY-WOMANHOOD
“You are blessed with divine feminine qualities”

#3 CHARITY-SHOW LOVE
“Create a loving environment in your home”

#4 CHARITY-SACRAMENT
“Listen carefully to sacramental prayers”

#5 CHARITY-OBEYDENCE
“Obedience is a quality of the Savior.”

#6 CHARITY-DEVELOP
“Find and develop your divine quality”

#7 CHARITY-PEACEMAKER
“Become an example of a peacemaker”
What are some of the divine qualities of a daughter of God?

Memorize

I memorized this saying.

WE ARE DAUGHTERS OF OUR HEAVENLY FATHER WHO LOVES US, AND WE LOVE HIM.

Sing

Listen to, sing, or sign along with the song, "I Am a Child of God".

I Am a Child of God

1. I am a child of God,
   And he has sent me here,
   Has given me an earthly home
   With parents kind and dear. Chorus
   (Chorus)
   Lead me, guide me, walk beside me,
   Help me find the way.
   Teach me all that I must do
   To live with him someday.
2. I am a child of God,
   And so my needs are great;
   Help me to understand his words
   Before it grows too late. Chorus
3. I am a child of God.
   Rich blessings are in store;
   If I but learn to do his will
   I’ll live with him once more. Chorus


Read

Read about and discuss the divine qualities taught in: ☐ Alma 7:23–24.

The divine qualities I have inherited are...
As a young woman you are blessed with divine feminine qualities.

**Video**

Listen to, read, or watch “The Widow’s Mites” and “Ruth and Naomi”.


**Sing**

Listen to, sing, or sign along with the song, “Walk Tall, You’re a Daughter of God”.

**Discuss with Another**

- I talked with another person, discussing the divine qualities I recognized in the women in these stories.

Fill in the sentences about these women in the scriptures and how you can be like them.

**Naomi and Ruth were _____________________________.**

**The widow was _____________________________.**

**I can be _____________________________.
#3 CHARITY-SHOW LOVE
“Create a loving environment in your home”

MAKE YOUR HOME LIFE BETTER!

For two weeks make a special effort to strengthen your relationship with family or friends you live with by showing love through your actions.

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<th>WEEK 1</th>
<th>WEEK 2</th>
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Think of ways you can show love to them through your service.

Helpful Ideas:

- Set the table
- Help with dinner dishes
- Smile
- Take out the garbage
- Wipe off the table after meals
- Clean your bedroom

WHICH CHORE IS MINE?

These children help their families by working around the house, but they cannot remember which chore they were given. Luckily they each tied a string around one finger to remember. Follow the string to the chore.

I will show my family love by...

_________________

_________________

_________________

_________________

_________________
I Promise

☐ During the sacrament, I listened carefully to the prayers and thought about what it means to take upon myself the name of Jesus Christ.

I'm Trying to Be like Jesus

1. I’m trying to be like Jesus; I’m following in his ways.
   I’m trying to love as he did, in all that I do and say.
   At times I am tempted to make a wrong choice,
   But I try to listen as the still small voice whispers, **Chorus**

2. I’m trying to love my neighbor; I’m learning to serve my friends.
   I watch for the day of gladness when Jesus will come again.
   I try to remember the lessons he taught.
   Then the Holy Spirit enters into my thoughts, saying: **Chorus**
   **Chorus**

   “Love one another as Jesus loves you.
   Try to show kindness in all that you do.
   Be gentle and loving in deed and in thought,
   For these are the things Jesus taught.”

Words and music: Janice Kapp Perry, b. 1938 (c) 1980 by Janice Kapp Perry.

We have made a covenant or promise to become like Jesus Christ.
(We can do this by being a peacemaker, friend, and helper.)

I will be obedient like Jesus by...
When I take the sacrament I renew my baptismal covenants.

Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost (Acts 2:38).
#5 CHARITY-OBEDIENCE

“Obedience is a quality of the Savior.”

Try to be more obedient to your parents or guardians.

**Video**


**Daily Obedience Chart**

Show respect and kindness to your parents or guardian by doing what they ask without having to be reminded. Color a smiley face for each day you obey your parents and share how this made you feel.

I can obey for 15 days

I felt ____________________________________________ when I tried to act like Jesus.
#6 CHARITY-DEVELOP

“Find and develop your divine quality”

Develop your divine qualities. Listen to or read:

☑ Galatians 5:22-23

Inside this heart write down the divine qualities you read about.

**Develop your Divine Quality**

Select one quality from the heart, then for two weeks strive to make it a part of your daily life.

My divine quality I chose is... 

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<th>WEEK 1</th>
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#7 Charity-Peacemaker

“Become an example of a peacemaker”

Learn the definition of the word peacemaker.

**Definition:** a person who helps to prevent or stop an argument, a fight, or a war

**Video**


Become an example of a peacemaker in your home and at school by not complaining or speaking unkindly about others.

**Questions**

Ask yourself these questions:

1. Am I a peacemaker? (circle one)  
   ✔ YES   ❌ No
2. What kind of friend am I?

I want to be a peacemaker by

____________________________________________________

____________________________________________________

Pray each morning and evening to Heavenly Father for help to do this for one week.

**1 WEEK PRAYER CHART**

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When I was a peacemaker in my home, I felt...

____________________________________________________

____________________________________________________

____________________________________________________
• Listen to or read Doctrine and Covenants 109:8. Learn a life skill that you can share with someone, such as cooking, sewing, organizing, or designing. Teach that skill to someone or use that skill on a regular basis to bless your family.

• For an extended period of time, serve someone in need, such as a young mother, a person with disabilities, or an elderly person. Record in your journal how your service has helped you recognize the divine nature in yourself and in others.

• Using an artistic skill or handicraft you have learned, make something for your room or home. Write in your journal: “Being creative made me feel __________.”

• Working happily with others is a divine quality. Listen to or read Doctrine and Covenants 38:27, and plan a project that will promote unity in your family, your school, or your community. Write in your journal: “I can make a difference when I work happily with others by __________.”
Be partakers of the divine nature. ... Giving all diligence, add to your faith virtue; and to virtue knowledge; and to knowledge temperance; and to temperance patience; and to patience godliness; and to godliness brotherly kindness; and to brotherly kindness charity (2 Peter 1:4–7).

I have inherited divine qualities, which I will strive to develop.

**MY PROJECT IS:**

__________________________________________

__________________________________________

__________________________________________

__________________________________________

**My plan to carry out my project is:**

1. __________________________________________
   __________________________________________

2. __________________________________________
   __________________________________________

3. __________________________________________
   __________________________________________

4. __________________________________________
   __________________________________________

**Evaluation:**

My Divine Nature project... (include how you felt and how your understanding of Divine Nature increased)

__________________________________________

__________________________________________

__________________________________________

__________________________________________

__________________________________________

__________________________________________

__________________________________________

__________________________________________

__________________________________________

parent or leader signature of project completion

hours spent